

CCNC Pediatrics: Social/Emotional Development

"Of children that receive mental health treatment, 47% receive care in a Medical Home."

Get the Facts:

- ⇒ Just one-third of all adolescents with mental illness are identified and receive services.
- ⇒ [Screenings] offer the potential to intervene early and, in some cases, to prevent fully developed mental, emotional and behavioral disorders.
- ⇒ Screening for mental illness with an evidence-based tool in primary care significantly more accurate then the informal interview method.
- ⇒ Early intervention does not always require referral to mental health services.
- Pediatricians and other

 primary care providers regularly manage mild to moderate mental health disorders within their practice.
- ⇒ Approximately 20 percent of adolescents suffer from a mental disorder.







What Teens Think:

... "most issues are mental like anxiety, stress, worry, and over thinking. They do all not need to be treated with medicine; they need someone to say these feelings are normal and give ways to cope."

... "My doctor has never asked me about depression or anxiety issues, which I think could help..."

..."I didn't know depression was something that is normal to talk to your doctor about."

... "I would like more alone time

with my doctor."

... "ask us things so we don't have to make the first step."

CCNC National Survey of Teenagers ages 13 to 18

Engaging Adolescents: Healthcare for Teens

Video series available at: https://www.communitycarenc.org/population-management/pediatrics/engaging-adolescents/

NC DMA has responded to the need for Social/Emotional Screenings in children

<u>Additional Reimbursement</u> is available for Social/Emotional Screenings of school age and adolescent children ages 6 through 20.

Medicaid billing code: 99420 EP Health Choice billing code: 99420TJ

FREE validated screening tools and guidance regarding the use of screenings are available through your local QI Coordinator.