CCNC PTN Pharmacy Integration

Why is Medication Optimization Important?

- More than half of Americans have at least one chronic condition, and 1 in 4 have two or more. Treating people with chronic conditions accounts for 86% of healthcare spending\(^1\).
- Only 33-50% of people with chronic conditions adhere completely to prescribed medication therapies\(^2\).
- Nearly 1 in 3 adverse events leading to hospitalizations are associated with medications\(^2\).

<table>
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<th>$425 Billion</th>
<th>$290 Billion</th>
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<td>Amount spent on medications each year in the U.S.(^3)</td>
<td>Avoidable medical costs due to the misuse, underuse, and overuse of medications(^4)</td>
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Medication optimization is a patient-centered, collaborative approach to managing and optimizing medication therapy that is applied consistently and holistically across care settings to improve patient care and reduce overall health-care costs.

First Steps...

- Complete the attached CCNC PTN Needs Assessment Survey Regarding Medications.
- Work with your network pharmacist or another member of the CCNC pharmacy team to address your medication management needs, with the goal of optimizing medication use.

What You’ll Receive in Return...

- Connection to pharmacy-related resources and support to help your practice prepare for reporting on CMS QPP (Quality Payment Program) performance measures, such as:
  - Chronic medication management
  - Blood pressure control
  - Diabetes management
  - Costs and health care utilization
  - Documentation of current medications in the medical record
- Lower medical costs, improved health outcomes, and better care for your patients

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