

## CCNC PTN Pharmacy Integration

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### *Why is Medication Optimization Important?*

- More than half of Americans have at least one chronic condition, and 1 in 4 have two or more. Treating people with chronic conditions accounts for 86% of healthcare spending<sup>1</sup>
- Only 33-50% of people with chronic conditions adhere completely to prescribed medication therapies<sup>2</sup>
- Nearly 1 in 3 adverse events leading to hospitalizations are associated with medications<sup>2</sup>

**\$425 Billion**

Amount spent on medications  
each year in the U.S.<sup>3</sup>

**\$290 Billion**

Avoidable medical costs due to the misuse,  
underuse, and overuse of medications<sup>4</sup>

**Medication optimization** is a patient-centered, collaborative approach to managing and optimizing medication therapy that is applied consistently and holistically across care settings to improve patient care and reduce overall health-care costs

### First Steps...

- Complete the attached *CCNC PTN Needs Assessment Survey Regarding Medications*
- Work with your network pharmacist or another member of the CCNC pharmacy team to address your medication management needs, with the goal of optimizing medication use

### What You'll Receive in Return...

- Connection to pharmacy-related resources and support to help your practice prepare for reporting on CMS QPP (Quality Payment Program) performance measures, such as:
  - Chronic medication management
  - Blood pressure control
  - Diabetes management
  - Costs and health care utilization
  - Documentation of current medications in the medical record
- Lower medical costs, improved health outcomes, and better care for your patients

<sup>1</sup>Centers for Disease Control and Prevention. Chronic Disease Overview. [www.cdc.gov/chronicdisease/overview/index.htm](http://www.cdc.gov/chronicdisease/overview/index.htm). Accessed November 14, 2016. <sup>2</sup>Brown M, et al. *Health Affairs*. 2010; 29(5):906-913. <sup>3</sup>IMS Health Report 2016. <sup>4</sup>NEHI. Bend the Curve: Health Care Leader's Guide to High Value Health Care. [www.nehi.net/publications](http://www.nehi.net/publications). Posted December 16, 2011. Accessed November 14, 2016