



When was the last time your child or youth in foster care had a Well Check-Up?

What Happens at a Well Check-Up?

Your child or youth will receive the following:

- Physical Exam
- Height and Weight
- Health History
- Vaccinations (shots)
- Age-appropriate screenings
- Dental Check
- Vision and Hearing check
- Nutrition Review
- Lab Tests (as needed)
- Guidance regarding child/youth development
- Follow-up and referrals, if needed

How do Well Check-Ups help?

- Doctors can check for more things when the child is well.
- Regular Well Check-Ups help the doctor better understand the child's needs.
- Shots that protect children are given when the child is well.
- Early identification and treatment may keep health problems from getting worse.

Did you know Well Check-Ups are not just for babies?

Children and youth in foster care should have Well Check-Ups at the following intervals:

Age	How Often
0 - 6 months	Every month
6 months - 24 months	Every 3 months
2 - 21 years of age and times of major change	Every 6 months

**Schedule a Well Check-up
Appointment Today!**

