

## The SWYC: Survey of Well-being for Young Children

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The **SWYC** is a free, validated screening 4-part tool. As with any screening tool, providers need to document that they discussed the results with the family (whether positive or negative) and documents an action plan and referrals if the screen is positive.

### Screening requires a conversation:

- Screening is an opportunity to engage the family and to build trust
- Screening always involves a conversation
- Inquire about social determinants that are protective as well as those that confer risk
- The purpose is not to “solve” every issue immediately
- The question is “where should we start together?”



### The SWYC contains:

- **Developmental Milestones screen (96110):** All ages; there are 10 validated, age-appropriate questions around motor and language skills
- **Social-emotional screen (96127):** Baby Pediatric Symptom Checklist (BPSC) up to 18 months; Preschool Pediatric Symptom Checklist (PPSC) for 18 months to 5 years
- **Autism screen (96110):** Parent’s Observations of Social Interactions (POSI) for 18, 24, month well-visits
- **Family Questions (96161):** Social Determinants of Health and Parental Depression
  - *Note:* the 2, 4, and 6-month screens contain the Edinburgh for postpartum depression; use 96161 for this screen

### For Family Questions, Z-codes that may be used as secondary diagnoses:

- **Tobacco Use (one question):** If positive, may use Z-code Z77.22 (exposure to tobacco smoke)
- **Substance Use (three questions):** If positive, may use Z-code Z63.72
- **Food Insecurity (one question):** If positive, may use Z-code Z59.4
- **Depression:** Up to 6 months it is the Edinburgh; all others have two questions that are the PHQ-2
- **Domestic Violence (two questions):** If positive, may use Z-code Z63.8
- **Reading (one question)**

### Find the SWYC in various translations with scoring guides and additional resources:

- <https://www.TheSWYC.org>

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### Scoring:

- **Milestones** question responses and scores for each:
  - Not yet (0), Somewhat (1), Very Much (2)
- **BPSC** question responses and scores for each:
  - Not at all (0), Somewhat (1), Very much (2)
  - There are three scales
  - A score greater than or equal to 3 ( $\geq 3$ ) is a positive screen
- **PPSC** question responses and scores for each:
  - Not at all (0), Somewhat (1), Very much (2)
  - A total score greater than 9 is an “at risk” score
- **POSI** question responses and scores for each:
  - Three or more answers in three righthand columns is an “at risk” score

*Note:* To see a quick scoring cheat sheet, visit the SWYC Manual & go to pg. 8, “The Longitudinal Scoring Form”

### Family Questions responses:

- **Tobacco Use:** A “Yes” indicates “at risk”
- **Substance Use:** 1 or more “Yes” responses indicate “at risk”
- **Food Insecurity:** A “Yes” indicates “a food insecure family”
- **Depression:** Up to 6 months it is the Edinburgh, all others have two questions that are the PHQ-2; per Edinburgh and PHQ-2 scoring
  - *Note:* If a PHQ-2 is positive, a PHQ-9 should be done
- **Domestic Violence:** If the most extreme answer is endorsed, on either or both questions, this indicates “at risk”
- **Reading:** For any answer, acknowledge and reinforce reading if it is happening and encourage daily reading for everyone
  - *Note:* see the Books Build Connections Family Handouts, including those written and at a 4<sup>th</sup> and 5<sup>th</sup> grade reading level

### For more information about:

- Screening, go to [www.aap.org/screening](http://www.aap.org/screening)
- Resilience, go to [www.aap.org/resilience](http://www.aap.org/resilience)