# THE UPDATE February 2019



Community Care

## Guided learning collaborative for behavioral health agencies



Speaker (top left): Andrew Clendenin, MSW

CCNC's Practice Transformation team, in partnership with CCNC's Behavioral Health team, recently led a forum to enhance learning opportunities and leverage the knowledge, expertise, and unique needs of the 12 behavioral health organizations enrolled in its Practice Transformation Network.

CCNC uses the Practice Transformation Network's milestones, drivers, and change concepts to drive quality improvement and share learnings from organizations across the state working on their own unique transformation plans, aims, and goals.

During the first in-person meeting of this collaborative learning group, over 40 representatives from the 12 enrolled behavioral health organizations across the state heard from Michelle Bucknor, MD, Chief Medical Officer for CCNC, on preparing for value-based care, and Denise Levis-Hewson, Chief Operating Officer for CCPN, on value of clinically integrated networks.

Andrew Clendenin, CCNC's vice president of population health and clinical integration, presented on Safety, Prevention, Awareness & Raising Confidence (SPARC), a new approach to chronic pain management and opioid safety that provides virtual case-based discussions on the evaluation and treatment of common chronic pain disorders and safe use of opioids.

Guest speaker Kenya Servia, Business Development and Outreach Specialist from the North Carolina Health Information Exchange Authority (NCHIEA), outlined NC HealthConnex, the state's new system to link clinical data health care providers across the state via their Clinical Portal or electronic health record integration.

#### View more online: http://ccnc.care/bhptn.

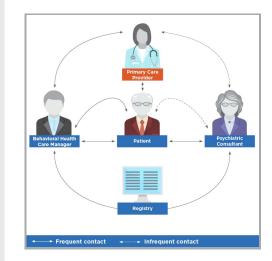
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Case study: New model pairs up pediatricians and behavioral health specialty providers to improve patient care and practice revenue

> CCNC website offers new resources for practices integrating behavioral health

#### View the digital copy of this issue online at:

http://ccnc.care/ february2019update Case study: New model pairs up pediatricians and behavioral health specialty providers to improve patient care and practice revenue



CCNC's behavioral health experts explore how North Carolina pediatricians can benefit from implementing the Collaborative Care Model (CoCM), an evidence-based model of integrated care that combines both physical and mental health care in a primary care setting.

The white paper, entitled "The Collaborative Care Model and Pediatric Practices in North Carolina: Three Case Studies and Discussion," shares insights from real-world approaches to integrated care in three North Carolina pediatric primary care practices.

"The CoCM is designed to support pediatricians by bringing psychiatric expertise into the primary care setting," writes Nicole Laramee, behavioral health integration program manager at CCNC. "Adherence to an evidencebased model of integrated care—such as the CoCM—may better satisfy the Quadruple Aim of health systems performance: decreased cost, improved quality of care, and enhanced patient and provider experience."

Download the white paper at: http://ccnc.care/cocm.

# CCNC website offers new resources for practices integrating behavioral health



CCNC's Behavioral Health Integration Team is very pleased to announce the launch of its redesigned section on CCNC's website. With interactive features and improved functionality, users should be able to more easily locate useful resources.

For example, the 'Clinical Resources' page includes access to the adult and adolescent depression resource guides, adult and child/adolescent ADHD and anxiety resource guides, opioid safety resources, as well as resources related to the Collaborative Care Model (CoCM).

Check out the site at: http://ccnc.care/bhi.









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