

- developed mental, emotional, and behavioral disorders.
- Screening for mental illness with an evidence-based tool in primary care settings has proven effective and is significantly more accurate than the informal interview method.
- Early intervention does not always require referral to mental health services.
- Pediatricians and other primary care providers regularly manage mild to moderate mental health disorders within their practice.
- Approximately 20% of adolescents suffer from a mental disorder.

See www.AAP.org/mentalhealth for more information.



to say these feelings are normal and give ways to cope.”

“...My doctor never has asked me about depression or anxiety issues, which I think could help...”

“I didn’t know depression was something that is normal to talk to your doctor about.”

“I would like more alone time with my doctor.”

“...ask us things so we don’t have to take the first step.”

CCNC National Survey of Teenagers ages 13-18

Engaging Adolescents: Healthcare for Teens

Video series available at: <https://www.communitycarenc.org/what-we-do/clinical-programs/pediatrics/engaging-adolescents-videos>.

NC DMA has responded to the need for Social/Emotional Screenings in children

Additional reimbursement is available for Social/Emotional Screenings of school age and adolescent children ages 6 through 20.

For PSC or PSC-Y billing code:

Medicaid - 96127 EP Health Choice - 96127TJ

For Bright Futures/GAPS billing code:

Medicaid - 96160 EP Health Choice - 96160TJ

FREE validated screening tools and guidance regarding the use of screenings are available through your local QI Coordinator.