



Community Care
OF NORTH CAROLINA

Adolescent Depression Resource Guide

Screening, Follow-Up, and
Co-Management Guidelines

PCC – Therapist – Child & Adolescent Psychiatrist

Table of Contents

Background	1
Adolescent Depression Co-Management Algorithm	2
Screening Guidance	3
Referral and Co-management	4
Psychopharmacology	5
Resources	7
• PHQ-2	
• PHQ-2 Instructions for Use	
• PHQ-9 Modified for Adolescents	
• SAFE-T	
• HIPAA Privacy Rules & Provider-to-Provider Communication	