Asthma Medications

Controller Medications

Controller medications are used <u>EVERY DAY</u> even if you feel well to help prevent mucus and asthma attacks. Rinse mouth after use. Always use an inhaler with a spacer.

Important: Controller medications are NOT intended for use in breathing emergencies.



Qvar® Redihaler 40 mcg or 80 mcg

beclomethasone dipropionate



Asmanex® 110, 220 mcg

mometasone



Flovent[™] HFA 44, 110, 220 mcg

fluticasone propionate



Flovent® Diskus® 50 mcg, 100 mcg or 250 mcg

fluticasone propionate inhalation powder



Pulmicort Flexhaler™ 90 mcg or 180 mcg

budesonide inhalation powder





Alvesco® HFA 80 mcg or 160 mcg

ciclesonide

Rescue Medications

These fast-acting medications help to relax tight muscles in the lungs and make it easier to breathe. Use this medication when breathing is hard, you are coughing or wheezing, or you are in your yellow or red zone. Always use with a spacer.

Fast-acting Medications (Last 3-6 Hours)



Ventolin® HFA

albuterol sulfate



ProAir® HFA

albuterol sulfate



Proventil® HFA

albuterol sulfate



Xopenex® HFA

levalbuterol tartrate





Maxair™ Autohaler™

pirbuterol acetate



Combination Medications: Both Controller and Long Acting Relief Medication

These have two types of asthma medications, one to prevent mucus and control swelling and one to relax the tight muscles in the lungs for 12 hours. Rinse mouth after use. Always use an inhaler with a spacer.

Important: Combination medications are NOT intended for use in breathing emergencies.



Advair Diskus® 100/50 mcg 250/50 mcg 500/50 mcg

fluticasone propionate and salmeterol inhalation powder



Advair® HFA 45mcg/21mcg, 115 mcg/21 mcg, or 230 mcg/21 mcg

fluticasone/salmeterol



Dulera® 100/5 mcg 200/5 mcg

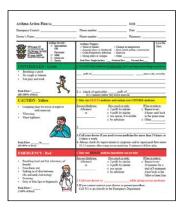
mometasome furoate and formoterol fumarate





Symbicort® HFA 80 mcg or 160 mcg budesonide/formoterol fumarate dihydrate

Examples of Patient Self-Help Tools



Asthma Action Plan



Authorization Medication Form



Facemask Spacer



Mouthpiece Spacer

Contact Information:



Peak Flow Meters

