PMH CARE PATHWAY:
MANAGEMENT OF PERINATAL TOBACCO USE

Screen all patients for tobacco use

Has the patient quit since learning of the pregnancy? NO YES

Does the patient currently use tobacco? YES NO

Is the patient ready to quit in the next 30 days? NO YES

Provide assistance:
- Problem solving methods and skills
- Proactive quitline referral
- Self help smoking cessation materials

Follow up during subsequent prenatal visits.
Periodically assess tobacco use status and, if the patient continues to use tobacco, encourage cessation

Did the patient quit during pregnancy? NO YES

Use the 5 'R's
- Encourage patient to identify:
  - Relevant reasons to quit
  - Risks of ongoing use
  - Rewards of quitting
  - Roadblocks to quitting and how to address them
- Repeat at each visit

Follow up during subsequent prenatal visits.
Periodically assess tobacco use status and, if the patient continues to use tobacco, encourage cessation

Reinforce healthful behavior

* Begin providing support in the 3rd trimester to prevent postpartum relapse
* Consider pharmacotherapy* in the postpartum period; arrange prescription for nicotine replacement therapy immediately postpartum instead of at postpartum visit, if appropriate

* See Management of Perinatal Tobacco Use Pathway for guidance