

## MOC IV ACTIVITY

### Maternal Depression and Infant Toxic Stress Screening

*The NC Pediatric Society and the NC Academy of Family Physicians partnered with Community Care of North Carolina to develop, test, and implement this quality improvement activity module.*



#### Overview

North Carolina has developed and received approval for the “**Maternal Depression and Infant Toxic Stress Screening**” module as a MOC IV Performance in Practice quality improvement activity. Approved by both the American Board of Family Medicine (ABFM), the American Board of Pediatrics (ABP) for MOC IV credits, and approved by the American Academy of Family Physicians (AAFP) for 20 Prescribed CME credits.

The recommended timeframe for this activity is **6 months**, with a minimum of 4 months and a maximum of one year. This web-based activity is currently provided **FREE OF CHARGE** for all North Carolina providers as a result of the CHIPRA funding awarded to **Community Care of North Carolina (CCNC)**. The **activity website link** is provided below for participant registration and activity completion.

**PLEASE REGISTER HERE:** <http://md2013.ncafp.com>

#### Activity Goal

The aim of this project is to improve the delivery of care for mothers and infants in pediatric and family practices. This activity will assess practices and protocols for the mother infant dyad, including **screening tools, referral and follow up patterns** related to maternal depression.

**Participant Expectations** *During the activity, the physician will:*

1. Assess policies and procedures regarding the infant/ maternal screenings with the **pre/ post assessment**.
2. Enter **3 separate chart extractions** (*baseline, midline, final*) into activity database from 10 unique retrospective patient charts.
3. Review the **5 learning sessions**.
4. Implement revised policies and procedures.
5. Evaluate this activity using the **course evaluation**.

#### Learning Sessions

- *Session 1: Activity Kickoff and Maternal Depression Overview*
- *Session 2: Infant Toxic Stress and the Impact on Brain Development*
- *Session 3: Referrals and Community Resources for the Mother*
- *Session 4: Referrals and Community Supports for Mother Infant Dyad*
- *Session 5: Linking Across Disciplines to Improve Referral Patterns*

#### Activity Completion & Course Credit

Upon activity completion, the Activity Director, Cameron Graham, will send in a Physician Attestation form (completed by the physician) on your behalf in order to receive full MOC IV credit. Participants will need to utilize standard self-report procedure to attain CME credits and will receive a CME certificate. **Please notify Cameron of your intent to register** and also direct any questions about this MOC IV activity to her at [cameron@camerongrahamconsulting.com](mailto:cameron@camerongrahamconsulting.com). We truly appreciate your interest in this important topic!