

COVID-19 Clinical Resources for NC Maternity Care Providers and Their Patients

There is an abundance of constantly evolving information related to the COVID-19 pandemic. This document has been prepared to collate useful resources useful specifically to NC maternity care providers and their patients.

Clinical Guidance

General

- [ACOG Practice Advisory](#)
- [ACOG Statement on Birth Settings](#)
- [CCNC, NC DHHS, NC AHEC Coronavirus Information](#)
- [CCNC/NC DHHS/NC AHEC Webinar: Strategies to deliver safe prenatal care during the COVID-19 pandemic](#)
- [CDC: Data on COVID-19 During Pregnancy](#)
- [NC DHHS Interim Guidance for Maternal Health](#)
- [NC Carolina-Psychiatry Access Line \(NC-PAL\) North Carolina Pregnancy and Continuity of Care during COVID-19 Task Force Recommendations](#)
- [North Carolina Pregnancy & Continuity of Care During COVID-19 Task Force Recommendations](#)
- [SMFM Guidance for MFM Sub-specialists](#)

Telehealth

- [CCNC: Telehealth Resources for Pregnancy Medical Home Providers](#)
- [NC Medicaid Telehealth Billing Code Summary](#)
- [WPSI/ACOG FAC for Telehealth Services](#): This resource has several links to additional information including examples for scheduling virtual visits
- Home blood pressure monitoring
 - [CCNC COVID-19 Home Blood Pressure Monitoring for Providers](#)
 - [MAHEC: Home Blood Pressure Monitoring](#)

Evaluation & Management of Pregnant Women with Suspected or Confirmed COVID-19

- Testing
 - [NCDHHS: Testing](#)
 - [Point of Care COVID-19 Testing: Guidance for Practicing Physicians](#)
- Assessment and Management
 - [ACOG/SMFM algorithm for assessment and management](#):
 - [CDC Guidance on Management](#)

- [SMFM Management Considerations](#) (outpatient, in patient, critical care)
- Care during labor and delivery
 - [ACOG on PPE](#)
 - [Guidance on Care for Newborns to Mothers with COVID-19](#)

Vaccine Advice for Pregnant Women with Suspected or Confirmed COVID-19

- [ACOG Conversation Guide for Clinicians](#)
- [ACOG Vaccinating Pregnant and Lactating Patients Against COVID-19](#)
- Society for Maternal Fetal Medicine [Provider Considerations for Engaging in COVID-19 Vaccine Counseling with Pregnant and Lactating Patients](#)
- Society for Maternal Fetal Medicine [COVID-19 Vaccine Advice if You Are Pregnant or Breastfeeding](#)

Risk Screening and Care Management

During the COVID 19 pandemic, care management for women at risk is more important than ever. Timely and complete risk screening, generally completed in the office of the prenatal care provider, is the gateway to care management services.

- [Care Management for High-Risk Pregnancies Pregnancy Risk Screening Form](#)

In response to the COVID-19 emergency the Division of Public Health that oversees the OB Care Management programs has directed the care managers to practice social distancing as much as possible while still addressing the needs of the high-risk pregnant population. Embedded care managers should be informing practices of any changes in their work schedule and details as to how they intend to remain in contact with patients. In place of face to face visits care managers will utilize strategies such as face time and phone calls to stay in contact with patients. Each county care manager has been instructed to follow the guidance of their local health department as well as guidance from NC DHHS and the CDC. If you have questions or concerns about a specific patient, please contact your care manager or the OB care management supervisor at your local health department.

Educational Resources for Patients

- [ACOG: FAQ for patients on pregnancy and breastfeeding](#)
- CDC General COVID 19 patient education: [Spanish](#) and [English](#)
- [CDC: How to Safely Wear and Take Off a Cloth Face Covering](#) (printable)
- [CDC: If you are Pregnant, Breastfeeding, or Caring for Young Children](#)
- [CDC: Social Distancing](#) (printable)
- [NC DHHS: COVID-19: What to do if you feel sick](#) (printable)
- [NC Medicaid COVID-19: Telehealth Information](#) (printable)
- [NC DHHS: Prevent and Protect Media Toolkit](#)
- [SMFM Care Advice for Women and Their Families](#)

Practice Support Guidance

- [CCNC COVID-19 Triage Plus](#): A toll-free helpline aimed at answering your patients' COVID-19 questions and helping them find the care they need. [1-877-490-6642](tel:1-877-490-6642).
- NC Medicaid: Supporting Policies
 - [CCNC: Telehealth Resources for Pregnancy Medical Home Providers](#)
 - [NC DHHS Perinatal Telehealth Billing Scenarios](#) (Table 13)
- Medicaid Coverage Extended: Resources for Patients
 - [ACOG](#)