

PMH Care Pathway: Management of Hypertensive Disorders of Pregnancy

March 2014 update

Patient has elevated blood pressure
Systolic ≥ 140
AND/OR
Diastolic ≥ 90
on 2 occasions >4 hours apart

Was blood pressure elevated at < 20 weeks gestation?

BOX 1
Proteinuria Definition:
 >300 mg of protein in a 24-hour timed urine collection or protein/creatinine ratio ≥ 0.3 mg/dL or dipstick reading of 1+ if quantitative methods not available.

BOX 2
Severe Features Definition:

- Severe Hypertension: systolic BP ≥ 160 mmHg or diastolic BP ≥ 110 mmHg taken on 2 occasions.
- Thrombocytopenia: platelet count $<100,000/mm^3$
- Impaired liver function: abnormally elevated liver enzymes (to twice normal concentration).
- New onset renal insufficiency: serum creatinine > 1.1 mg/dL or doubling of the serum creatinine from baseline
- Pulmonary edema
- New onset visual or cerebral disturbances

