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Offering Assistance to Individuals and Families for Emergency Shelter, Day Shelter, Food, Counseling, Mentoring, Education & Training, Job Placement, Permanent Housing, Medical & Dental Services, Transportation, Child Care

**HOTLINE NUMBERS:**

<table>
<thead>
<tr>
<th>Service</th>
<th>Phone Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>AIDS Hotline (Centers for Disease Control) &amp; Prevention</td>
<td>800-232-4636</td>
</tr>
<tr>
<td>Alcohol Drug Council of NC</td>
<td>800-688-4232</td>
</tr>
<tr>
<td>Alcoholics Anonymous</td>
<td>704-865-1561</td>
</tr>
<tr>
<td>Alcohol/Drug Information</td>
<td>800-729-6686</td>
</tr>
<tr>
<td>American Council for Drug Ed. (Phoenix House)</td>
<td>800-378-4435</td>
</tr>
<tr>
<td>Cocaine Anonymous</td>
<td>425-244-1150</td>
</tr>
<tr>
<td>Covenant House Hotline</td>
<td>800-388-3888</td>
</tr>
<tr>
<td>Disability Advocacy (Social Security Office)</td>
<td>800-772-1213</td>
</tr>
<tr>
<td>Elder Abuse</td>
<td>704-862-7575</td>
</tr>
<tr>
<td>Eye Care Project</td>
<td>800-222-3937</td>
</tr>
<tr>
<td>Families Anonymous</td>
<td>800-736-9805</td>
</tr>
<tr>
<td>Gamblers Anonymous</td>
<td>213-386-8789</td>
</tr>
<tr>
<td>GEMS Non-Emergency Number</td>
<td>704-866-3300</td>
</tr>
<tr>
<td>Intervention Services (National Counsel on Alcoholism &amp; Drug Dependence)</td>
<td>800-622-2255</td>
</tr>
<tr>
<td>Marijuana Anonymous</td>
<td>800-766-6779</td>
</tr>
<tr>
<td>Medicine Savings (Discount Cards)</td>
<td>800-511-1314</td>
</tr>
<tr>
<td>Narcotics Anonymous</td>
<td>980-200-9349</td>
</tr>
<tr>
<td>Nat’l Alliance for Mentally Ill</td>
<td>800-950-6264</td>
</tr>
<tr>
<td>Nat’l Domestic Violence Hotline</td>
<td>800-799-7233</td>
</tr>
<tr>
<td>Nat’l Health Info. Center</td>
<td>240-453-8280</td>
</tr>
<tr>
<td>Nat’l Institute for Drug Abuse</td>
<td>800-662-4357</td>
</tr>
<tr>
<td>National STD Hotline</td>
<td>800-227-8922</td>
</tr>
<tr>
<td>NC Quit Hotline</td>
<td>800-784-8669</td>
</tr>
<tr>
<td>Poison Center</td>
<td>800-222-1222</td>
</tr>
<tr>
<td>Runaway Hotline</td>
<td>800-786-2929</td>
</tr>
<tr>
<td>Suicide Hotline</td>
<td>800-784-2433</td>
</tr>
<tr>
<td>Social Security Admin.</td>
<td>800-772-1213</td>
</tr>
<tr>
<td>Tough Love International (Aspen Education Group)</td>
<td>866-828-0178</td>
</tr>
<tr>
<td>Veterans Administration</td>
<td>800-827-1000</td>
</tr>
<tr>
<td>Veterans Administration Crisis Line</td>
<td>800-273-8255</td>
</tr>
</tbody>
</table>
Victims of Domestic Violence Gaston County

The Shelter of Gaston County 704-852-6000
Domestic violence shelter (Battered Women’s & Children’s Shelter)

Child Abuse Line (24/7) 704-862-7555

Adult or Elderly Abuse Line 704-862-7575

AVID (Assault, Victimization Intervention & Deterrence) 704-864-0060
Services include: 24/7 crisis line, medical & legal advocacy, professional individual counseling support groups and assistance in filing 50 B/C and Victim’s Compensation

Domestic Violence Court Advocate 704-862-6682
District Attorney Victim/Witness Program 704-852-3113 / 704-852-3285
Victim Assistance Program 704-866-3378
Gaston Co. Civil Clerk’s Office 704-852-3100
Gaston County Police 704-866-3320
Gaston County Jail 704-869-6800
Magistrate Office 704-852-3192
Probation and Parole 704-853-5350
Phoenix Counseling Center 704-861-8014
Sherriff’s Office 704-869-6800

Lincoln County

Amy’s House 704-736-1224
Lincolnton, NC
Domestic violence shelter for families in Lincoln Co.

Lincoln Co. Coalition Against Domestic Violence 704-736-1224 (Crisis Line)
P.O. Box 476, Lincolnton, NC 704-736-0112 (Business Line)

Cleveland County - Shelby

The Abuse Prevention Council 704-481-0043 (Crisis Line)
(Lighthouse Shelter) 704-487-9325 (Business Line)
For victims of domestic violence & sexual assault, homelessness

Mecklenburg County

Safe Alliance/Victim Assistance/Legal Representation 704-336-4126
Shelter for Battered Women 704-332-2513

State Resources

Legal Aid of North Carolina 919-856-2564 / 866-219-5262
North Carolina Victim Assistance Network 800-348-5068 / www.ncvan.org
Crime Victim’s Compensation Commission 919-733-7974 / 800-826-6200
4703 Mail Service Center, Raleigh, NC www.nccrimcontrol.org/VJS/

National Resources

National Domestic Violence Hotline 800-799-SAFE / 800-787-3224 (TDD)
Resource Center on Child Protection and Custody 800-527-3223
Battered Women’s Justice Project 800-903-0111
National Resource Center on Domestic Violence 800-597-2238
### Soup Kitchens

**Free Meals for the Homeless & Low Income**

- **The Salvation Army**  
  107 N. Broad Street, **Gastonia, NC**  
  7 days a week 5:00 pm - 6:00 pm

- **Bethesda Mission**  
  255 E. Main Street, **Gastonia, NC**  
  Supper 7 days a week (around 8 pm)

- **Christian Ministries of Lincoln County**  
  230 E. Water Street, **Lincolnton, NC**  
  7 days a week 11:30 am - 12:30 pm

- **Central United Methodist Church**  
  200 E. Marion Street, **Shelby, NC**  
  Tues & Sat: 11:45 am - 12:30 pm

- **Christ for the Nations Church**  
  409 Polkville Road, **Shelby, NC**  
  Sunday: 12 Noon

- **Episcopal Church of the Redeemer**  
  502 W. Sumter Street, **Shelby, NC**  
  Wednesday: 11:30 am - 12:30 pm

- **First Baptist Church**  
  120 N. Lafayette Street, **Shelby, NC**  
  Friday 12:30 pm - 1:30 pm

- **Gastonia Street Ministry**  
  516 W. Main Avenue, **Gastonia, NC**  
  Supper: Tuesday & Thursday (around 8 pm)

- **King James Baptist Church**  
  100 E. Georgia Avenue, **Gastonia, NC**  
  Supper: 4:30 pm - 6:30 pm, Thursday & Friday

- **Shelby Presbyterian**  
  226 E. Graham Street, **Shelby, NC**  
  Monday & Thursday 11:30 am - 12:30 pm

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### Area Food Pantries

#### B.R.E.A.D. Inc.
161-B W. Franklin Blvd. **Gastonia, NC**  
704-854-9221  
(Hours: Monday - Thursday 9:00 am - 12:00 pm)  
(Food and groceries to the homeless, elderly and low-income individuals and/or families of Gaston County)

#### Christ Community Church (no appointment needed)
1128 N. Ransom Street, **Gastonia, NC**  
704-866-9801  
(Food given every other Friday 3:30 pm - 5:30 pm, must complete food bank application on site)

#### Greater Mt. Zion Baptist
2311 Crescent Lane, **Gastonia, NC**  
704-864-8616  
(Wednesday only: 9:30 am - 11:00 am - photo ID, SS card and food stamp case number needed)

#### New Covenant Food Distribution Center
631 Efrid Street, **Gastonia, NC**  
704-865-7729  
(Appointment needed, Food given 2nd Tuesday of each month 6:30 pm. First come, first serve)

#### Second Harvest Food Bank
3146 Dallas High Shoals Hwy., **Dallas, NC**  
704-922-1393  
(Hours: Monday - Friday 7:30 am - 5:00 pm)

#### S.O.C.K.S., Inc.
160 Woodlawn Street, **Belmont, NC**  
704-827-8780  
(Hours: Monday - Friday 10:00 am - 1:00 pm, Closed Wed.)

#### Trinity United Methodist
1513 Florida Street, **Gastonia, NC**  
704-867-7830  
(Food boxes - Tuesdays 9:30 am only)

#### U-Can, Inc.
230 E. Main Street, **Lawndale, NC**  
704-538-8417  
(Hours: Monday - Thursday 9:00 am - 12:00 pm)
Pregnancy Services:

(Free pregnancy testing, counseling, maternity home placement, baby supplies, maternity clothes, and ultrasounds)

See clients by appointment only – No walk-ins.

Crisis Pregnancy Center of Gastonia
800 Robinson Road, Gastonia, NC
Hours: Monday & Wednesday: 8:30 am - 5:00 pm
Tuesdays & Thursdays: 8:30 am - 8:00 pm
Fridays: 8:30 am - 2:30 pm
704-884-1098

Crisis Pregnancy Center of Gastonia
2782 Fairview Drive, Gastonia, NC
Hours: Monday: 1 pm - 3 pm
Tuesdays & Thursdays: 9:30 am - 11:30 am
(Does not offer maternity clothes)
704-884-1098

Crisis Pregnancy Center (Belmont)
399 Belmont - Mt. Holly Road, Belmont, NC
Hours: Monday: 2 pm - 4 pm
Tuesdays & Thursdays: 9:30 am - 11:30 am
704-827-0806

Crisis Pregnancy Center (Lincolnton)
112 Doctor’s Park, Lincolnton, NC
Hours: Monday, Tuesday & Thursday: 9 am - 5 pm
704-732-3384

Gaston County Health Department
991 W. Hudson Blvd., Gastonia, NC
Hours: 8 am - 5 pm
Pregnancy Test, OB/GYN Services, & Prenatal Care
704-853-5000

Pregnancy Resource Center of Cleveland Co.
232 S. Lafayette Street, Shelby, NC
704-487-4357
Christian ministry providing free pregnancy tests, first and second trimester ultrasound, information on pregnancy, abortion procedures/risks/alternatives and sexually transmitted diseases, clothing and baby furnishings available for mother and baby through the Solid Foundation, referrals for adoption, housing, medical care, legal assistance and community services, referrals for Post-Abortion Counseling Education (PACE) for women, volunteer peer counseling for women, men and affected family members.

Florence Crittenton Services
1300 Blythe Blvd., Charlotte, NC
704-372-4663
A safe place to live during an unplanned pregnancy.

Place of Refuge
800 Robinson Road, Gastonia, NC
Hours: Tuesday, Wednesday & Thursday: 8:30 am - 2:30 pm
704-868-4636
Adoption agency and adolescent parenting program (age 12-18), but must be in high school & must be the 1st pregnancy. Soon to offer professional counseling & sexually transmitted infection testing Fall of 2017.

New Life Pregnancy Services
Linda Paysour 704-487-4357
408 E. 8th Avenue, Gastonia, NC
Offers pregnancy testing, counseling, and baby items. Also helps with children’s clothes (up to size 5/6); may also be able to assist with beds or items of furniture or can put families in touch with someone who can help.

MiraVia (formerly known as Room at the Inn)
On Belmont Abbey College Campus
100 Belmont-Mt. Holly Road, Belmont, NC
704-461-6700
888-222-0110
AND
Located in Charlotte at:
3737 Weona Avenue, Charlotte, NC
704-525-4673
Serves pregnant college students only; offers free housing & support for up to 2 years old while pursuing academic & personal goals.

Offers 3 programs
1) Maternity Program - any age
2) Legacy Hall Program - for young girls who are not pregnant; must be in DSS custody. Will learn independent living skills, social skills and increase self-sufficiency.
3) Sarah’s House - residential program that helps mothers & their babies prepare for self-sufficiency. Serves girls in the legal custody of DSS.
## Children’s Services

<table>
<thead>
<tr>
<th>Service Description</th>
<th>Contact Information</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Partners Behavioral Health Management</strong></td>
<td>1-877-864-1454</td>
</tr>
<tr>
<td><strong>Call Access to Care Line:</strong></td>
<td>1-888-235-4673</td>
</tr>
<tr>
<td>901 S. New Hope Road, Gastonia, NC</td>
<td></td>
</tr>
<tr>
<td>Hours: 24 hours a day/7 days a week</td>
<td></td>
</tr>
<tr>
<td>Manages Mental Health (MH), Substance Abuse (SA) &amp;</td>
<td></td>
</tr>
<tr>
<td>Intellectual/Developmental Disability (IDD) services for Gaston &amp;</td>
<td></td>
</tr>
<tr>
<td>Lincoln County residents who are enrolled in Medicaid or if quality for state</td>
<td></td>
</tr>
<tr>
<td>funding and is experiencing a crisis or needs MH, SA, or IDD services.</td>
<td></td>
</tr>
<tr>
<td><strong>Gaston Community Action, Inc.</strong></td>
<td>704-866-8721</td>
</tr>
<tr>
<td>223 N. Morris Street, Gastonia, NC</td>
<td></td>
</tr>
<tr>
<td>Hours: 8:30 am - 5 pm</td>
<td></td>
</tr>
<tr>
<td><strong>Head Start Program:</strong> Preschool 3 &amp; 4 year olds</td>
<td></td>
</tr>
<tr>
<td>• Oaklawn Head Start Program</td>
<td>704-735-4702</td>
</tr>
<tr>
<td>410 Linden Street, Lincolnton, NC</td>
<td></td>
</tr>
<tr>
<td>Hours: 7:45 am - 2:15 pm</td>
<td></td>
</tr>
<tr>
<td>Childcare for ages 3 &amp; 4 years old</td>
<td></td>
</tr>
<tr>
<td>• Lincoln Park Head Start</td>
<td>704-732-1216</td>
</tr>
<tr>
<td>140 Industrial Park Road, Lincolnton, NC</td>
<td></td>
</tr>
<tr>
<td>Hours: 7:45 am - 2:15 pm</td>
<td></td>
</tr>
<tr>
<td>Preschool program for ages 3 &amp; 4 years old</td>
<td></td>
</tr>
<tr>
<td>• Deaton Street Head Start</td>
<td>704-732-3201</td>
</tr>
<tr>
<td>101 Deaton Avenue, Lincolnton, NC</td>
<td></td>
</tr>
<tr>
<td>Hours: 7:45 am - 2:15 pm</td>
<td></td>
</tr>
<tr>
<td>Preschool program for ages 3 &amp; 4 years old</td>
<td></td>
</tr>
<tr>
<td><strong>Boy &amp; Girls Club of Greater Gaston</strong></td>
<td>704-864-6171</td>
</tr>
<tr>
<td>310 S. Boyce Street, Gastonia, NC</td>
<td></td>
</tr>
<tr>
<td>Hours: 8 am - 5 pm</td>
<td></td>
</tr>
<tr>
<td>After School &amp; Summer Care</td>
<td></td>
</tr>
<tr>
<td><strong>Gaston County YMCA</strong></td>
<td>704-865-8551</td>
</tr>
<tr>
<td>615 W. Franklin Blvd., Gastonia, NC</td>
<td></td>
</tr>
<tr>
<td>Hours: Monday - Thursday: 5:30 am - 9:30 pm / Fri: 5:30 am - 8:00 pm</td>
<td></td>
</tr>
<tr>
<td>After School &amp; Summer Care, Scholarships available</td>
<td></td>
</tr>
<tr>
<td><strong>Gaston County Health Dept.</strong></td>
<td></td>
</tr>
<tr>
<td>991 Hudson Blvd., Gastonia, NC</td>
<td></td>
</tr>
<tr>
<td>Hours: 8 am - 5 pm</td>
<td></td>
</tr>
<tr>
<td><strong>WIC (Women, Infant, Children)</strong></td>
<td>704-853-5113</td>
</tr>
<tr>
<td>Prenatal and after care, nutrition and food supplements</td>
<td></td>
</tr>
<tr>
<td><strong>Teen Wellness Center</strong></td>
<td>704-853-5009</td>
</tr>
<tr>
<td>(Ages 12 – 19) Physicals, Sports Physical (GFHS patients only);</td>
<td></td>
</tr>
<tr>
<td>Immunization; Birth Control &amp; Pregnancy Testing, STD Testing and also a Teen</td>
<td></td>
</tr>
<tr>
<td>Advocate to answer healthcare questions.</td>
<td></td>
</tr>
<tr>
<td><strong>McKinney-Vento Homeless Liaison</strong></td>
<td>704-866-6264</td>
</tr>
<tr>
<td>Assist children who are experiencing homelessness with school enrollment and</td>
<td></td>
</tr>
<tr>
<td>transportation to/from school in order for these students to have the opportunity</td>
<td></td>
</tr>
<tr>
<td>to be successful and meet the same academic standards as all students.</td>
<td></td>
</tr>
<tr>
<td><strong>Arc of Gaston County</strong></td>
<td>704-861-1036</td>
</tr>
<tr>
<td>200 E. Franklin Blvd., Gastonia, NC</td>
<td></td>
</tr>
<tr>
<td>Provide guidance &amp; resources for children &amp; adults with developmenta</td>
<td></td>
</tr>
<tr>
<td>disabilities based on individual needs, financial assistance, specialized</td>
<td></td>
</tr>
<tr>
<td>summer camp, health &amp; wellness initiatives and advocacy &amp; awareness</td>
<td></td>
</tr>
<tr>
<td><strong>Office of School Readiness</strong></td>
<td>704-476-8180</td>
</tr>
<tr>
<td>308 W. Marion Street, Shelby, NC</td>
<td></td>
</tr>
<tr>
<td>Administers the preschool program for the Cleveland County School System.</td>
<td></td>
</tr>
<tr>
<td><strong>The Center of Hope Boys &amp; Girls Club</strong></td>
<td>704-348-2560</td>
</tr>
<tr>
<td>534 Spratt Street, Charlotte, NC</td>
<td></td>
</tr>
<tr>
<td>Afterschool Program for homeless shelter residents</td>
<td></td>
</tr>
<tr>
<td><strong>Partnership for Children</strong></td>
<td>704-922-0900</td>
</tr>
<tr>
<td>120 Roechling Street, Dallas, NC</td>
<td></td>
</tr>
<tr>
<td>Addresses the health needs as well as family support needs for children ages 0 - 5</td>
<td></td>
</tr>
<tr>
<td>years old. Provides services for families and children through the Smart Start</td>
<td></td>
</tr>
<tr>
<td>program. Assures that high quality child care is available.</td>
<td></td>
</tr>
<tr>
<td><strong>NC Cooperative Extension Service</strong></td>
<td>704-922-2122</td>
</tr>
<tr>
<td>Triple P Program “Positive Parent Program”</td>
<td></td>
</tr>
<tr>
<td>Information on parenting for children ages 0 - 5 years old.</td>
<td></td>
</tr>
<tr>
<td><strong>A Place to Grow</strong></td>
<td>704-732-1745</td>
</tr>
<tr>
<td>410 N. Poplar Street, Lincolnton, NC</td>
<td></td>
</tr>
<tr>
<td>Childcare for children with and without disabilities</td>
<td></td>
</tr>
<tr>
<td>Hours: Monday - Friday 7:30 am - 5:30 pm</td>
<td></td>
</tr>
<tr>
<td><strong>Lincoln County YMCA</strong></td>
<td>704-748-9311</td>
</tr>
<tr>
<td>1402 E. Gaston Street, Lincolnton, NC</td>
<td></td>
</tr>
<tr>
<td>Before &amp; after school care</td>
<td></td>
</tr>
<tr>
<td><strong>Gaston Community Action Lincolnton</strong></td>
<td>704-748-9744</td>
</tr>
<tr>
<td>124 E. Main Street, Lincolnton, NC</td>
<td></td>
</tr>
<tr>
<td>Total family assistance &amp; supportive services.</td>
<td></td>
</tr>
<tr>
<td><strong>Boys &amp; Girls Club of Cleveland Co.</strong></td>
<td>704-471-2582</td>
</tr>
<tr>
<td>412 W. Sumter Street, Shelby, NC</td>
<td></td>
</tr>
<tr>
<td>Summer day camp &amp; after school for ages 6 - 18 years old</td>
<td></td>
</tr>
<tr>
<td><strong>Child Care Connection</strong></td>
<td>704-487-7397</td>
</tr>
<tr>
<td>327 Market Street, Shelby, NC</td>
<td></td>
</tr>
<tr>
<td>Information &amp; Referral for child care</td>
<td></td>
</tr>
<tr>
<td><strong>Children’s Home of Cleveland Co.</strong></td>
<td>704-484-2558</td>
</tr>
<tr>
<td>425 Cherryville Road, Shelby, NC</td>
<td></td>
</tr>
<tr>
<td>Residential Care for abuse &amp; neglected children</td>
<td></td>
</tr>
<tr>
<td><strong>Cleveland Co. Partnership for Children</strong></td>
<td>704-734-2052</td>
</tr>
<tr>
<td>105 E. Ridge Street, Kings Mtn., NC</td>
<td></td>
</tr>
<tr>
<td>Smart Start Program Birth to 5 years old</td>
<td></td>
</tr>
<tr>
<td>Preschool program for 4 years old</td>
<td></td>
</tr>
<tr>
<td><strong>Gaston County Schools – Dept. for Exceptional Children</strong></td>
<td>704-866-6160</td>
</tr>
<tr>
<td>215 W. Third Avenue, Gastonia, NC</td>
<td></td>
</tr>
<tr>
<td>Developmental evaluations &amp; services; primary contact for NC Early Intervention</td>
<td></td>
</tr>
<tr>
<td>Services for preschool Ages 3-5 years old and serves children already enrolled in</td>
<td></td>
</tr>
<tr>
<td>school Ages 6-21 years old</td>
<td></td>
</tr>
<tr>
<td><strong>Bessemer City Boys &amp; Girls Club</strong></td>
<td>704-629-5663</td>
</tr>
<tr>
<td>401 E. Washington Avenue, PO Box 12222, Bessemer City, NC</td>
<td></td>
</tr>
<tr>
<td>Afterschool Care</td>
<td></td>
</tr>
<tr>
<td><strong>The Salvation Army Boys &amp; Girls Club</strong></td>
<td>704-824-4773</td>
</tr>
<tr>
<td>715 N. Main Street, Lowell, NC</td>
<td></td>
</tr>
</tbody>
</table>
## Special Needs Programs

Programs to assist persons with identified needs

**Vocational Rehabilitation**

109 W. Eighth Avenue, Gastonia, NC  704-853-5358  
1427 A E. Marion Street, Shelby, NC  704-480-5412  
529 N. Aspen Street, Lincolnton, NC  704-732-1969  
**Hours:** 8 am - 5 pm  
Provides counseling, training, education, transportation, job placement, assistive technology and other support services to people with disabilities.

**Gaston Skills, Inc.**  704-869-0300  
1301 Bessemer City Road, Gastonia, NC  
**Hours:** 7:45 am - 4:15 pm  
Serving adults who are mentally challenged in Gaston, Lincoln and the eastern portion of Cleveland County. Programs/services include: adult developmental vocational program, NC innovations, day activity services, life enrichment and production.

**Partners Behavioral Health Management**  877-864-1454  
901 S. New Hope Road, Gastonia, NC  
Manages Mental Health (MH), Substance Abuse (SA), & Intellectual/Developmental Disability (I/DD) services for Gaston & Lincoln County residents who are enrolled in Medicaid or who qualify for state funding.  
**Call the Access to Care Line:** 1-888-235-4673 24 hours a day/7 days a week if someone is experiencing a crisis or needs MH, SA, or I/DD services.

**NAMI (National Alliance for Mentally ILL)**  800-950-6264  
Gaston-Lincoln  704-648-2002  
The National Alliance on Mental Illness, is the nation’s largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness.

**Arc of Gaston County**  704-861-1036  
200 E. Franklin Blvd., Gastonia, NC  [www.gastoncountyarc.org](http://www.gastoncountyarc.org)  
Provide guidance and resources for children & adults with developmental disabilities based on individual needs; financial assistance; specialized summer camp; health and wellness initiatives; advocacy and awareness.

**Gaston College Special Needs Counselor**  704-922-6224 or 704-922-6220  
**Children’s Developmental Services Agencies (CDSA)**  1429 E. Marion Street, Suite 5, Shelby, NC  704-480-5440  
CDSA are available to help families, caregivers and professional service for children with special needs through the Infant Toddler Program.

**Gaston Residential Services, Inc.**  704-861-9280  
905 North New Hope Road, Gastonia, NC  [www.grsinc.com](http://www.grsinc.com)  
**Hours:** Monday - Friday 8 am - 5 pm  
Provides a variety of services including counseling, vocational, NC waiver, family support and developmental therapy.

**Adult Day Care Center**  
900 Roberts Drive, Gastonia, NC  704-866-3677  
1122 S. Main Street, Mt. Holly, NC  704-827-9148  
**N.C. Division of Services for the Blind**  800-422-1895  
5855 Executive Center Drive, Ste. 100, Charlotte, NC  
Vocational rehabilitation services for the blind & visually impaired

**Services for the Blind Of Gaston County**  704-862-7622  
330 Dr. Martin Luther King Jr. Way, Gastonia, NC  
Eye Exams, glasses, treatment, surgery, some eye meds, referrals for vocational assistance, items free of charge to help in the home  
**Services for the Blind of Cleveland County**  704-487-0661 Ext.317  
130 S. Post Road, Shelby, NC  
Services include training, job coaching, evaluations, screenings, etc. Referrals for vocational assistance. Depending on the availability of funding can provide eye exams, glasses, treatment, surgery, some eye meds, items free of charge to help in the home.

**Salem Industries**  704-732-1516  
1836 Salem Church Road, Lincolnton, NC  
**Hours:** 8:00 am - 4:00 pm  
Provides services for individuals with developmental disabilities using real work as a primary job training tool; emphasis is placed on development of socialization and independent living skills.

**BrightStar Care**  704-691-0280  
811 S. Oakland Street, Suite B, Gastonia, NC  
Provides comprehensive case management and support for children with disabilities and special needs.

**TEACCH Autism Program**  704-563-4103  
5701 Executive Center Drive, Suite 108, Charlotte, NC  [www.teacch.com](http://www.teacch.com)  
Offers core services and programs meeting the clinical, training and research needs of individuals with Autism Spectrum Disorder, their families and professionals.

**CAPC Case Management Providers**

- **Footprints Case Management**  Gaston, Lincoln, Cleveland  704-412-2144
- **Lincoln County DSS**  Lincoln  704-732-1969
- **Monarch**  Gaston, Lincoln, Cleveland  800-230-7525
- **RHA**  Gaston, Lincoln, Cleveland  919-803-2960
- **Walker’s Home Care**  Lincoln  252-432-6308

**Austism Society of NC**  704-894-9678  
8420 University Executive Park Drive, Suite 810, Charlotte, NC  
Offers individualized consultation services including analysis of individual strengths and needs, enhancing communication, supporting positive behavior, building social skills and increasing independence.
Transportation:

GASTON COUNTY

(ACCESS) Central Transportation
To register: 704-862-7513
To schedule a pickup: 704-866-3206 (Call between 9:00 am - 4:00 pm Monday - Friday)
816 W. Mauney Street, Gastonia, NC
Trips must be scheduled at least 3 business days up to 2 weeks in advance
ACCESS bus does not run appointments made after 3 pm in Gastonia
ACCESS does not run appointments made after 12 pm for out of town (Charlotte, Shelby, etc)
ACCESS bus runs to Salisbury VA on Tuesdays & Thursdays only
Must have Medicaid or Medicare to qualify & be registered with ACCESS
Transportation
Gaston County ADA/Paratransit 704-866-6855
Operates curb-to-curb van service for passengers with physical or mental disabilities. Appointments must made be no later than one (1) day prior to service date or up to fourteen (14) days in advance.
Rate: $2.50 per trip or $25.00 10-Ride ADA/Para-Transit Van Service
Service in Gastonia City limits only.

City of Gastonia Bus Line
P.O. Box 1748, Gastonia, NC 704-866-6855
Hours of Operation:
Monday - Friday: 5:30 am - 6:30 pm
Saturday: 8:00 am - 6:00 pm
Fares for City of Gastonia Transit:
Regular Bus Fare (Age 6 & over) $1.25
Regular Transfer Free
Elderly Bus Fare (65 & over) $0.60
Handicapped Bus Fare $0.60
(Fixed route for persons with disabilities)
Elderly & Handicapped Transfer Free
10-Ride Bus Fare $12.00
10-Ride Elderly & Handicapped Bus Fare (65 & older) $6.00
**Children ages 5 and younger may ride free when accompanied by a paying adult passenger
**To qualify for the elderly or handicapped reduced bus fare, you will need one of the following forms of identification:
* Proof of age (Age 65 or older)
* Social Security Health Insurance Card (Red, White & Blue Medicare card)
* Senior Citizen/Handicapped Bus Card (Applications available at Bradley Station)

Lincoln County

Transportation Lincoln County
115 W. Main Street, Lincolnton, NC
Medicaid covered appointments
To register: 704-732-0738
To schedule a pickup: 704-732-3471 or 704-736-8655

Transportation Lincoln County Additional Services
Elderly or Disabled Services covered appointment
Authorization & approval for services 704-736-8492
Schedule transportation services 704-736-2030
Services for the Blind covered appointments
Authorization & approval for services 704-732-9024
Schedule transportation services 704-736-2030
Veterans Services covered appointments
Authorization & approval for services 704-736-8506
Schedule transportation services 704-736-2030
Public and Other Transportation Services 704-736-2030

Lincoln County Route Map
Route 1 — Franklin Blvd.
Route 2 — S. New Hope
Route 3 — S. Marietta
Route 4 — S. York
Route 5 — Edgewood
Route 7 — Highland
Route 8 — Hospital/Westfield

Cleveland County:

Transportation Administration of Cleveland Co.
952 Airport Road, Shelby, NC
To register: 704-487-0661 Ext 757
To schedule a pickup in Cleveland Co.: 704-482-6465
To schedule a pickup OUT of Cleveland Co.: 704-487-0661
To schedule a ride with TAC, please call 48 hours in advance

Cleveland County Transit
P.O. Box 3210, Shelby, NC
For more information: 704-482-2311 or 704-482-6465
Fare: $1.25 each time you board the vehicle; $2.50 per deviation
Exact Fare only – Drivers do not have change
For a list of route and route stops visit: www.taccshelbync.com/cct
Hours: Mon – Fri: 6:00 am / 6:00 pm
To schedule a ride please call at least 48 hours in advance

VTS (Volunteer Transportation Services)
Call: 844-VTS-RIDE (1-844-887-7433)
Email: centralinavts@centralina.org
The service is targeted to adults 50 years and older, veterans and adults with permanent or temporary disabilities.
Call VTS Customer Services Center to get on the inquiry list.
All trips are based on availability of volunteers, but rides are most often available from 8 am - 8 pm (Monday - Friday) and 8 am - 5 pm (Saturday and Sundays).
Please call at least 72 hours before you need your ride. Requests are made up to 30 days in advance. Destinations can include medical offices, shopping, visiting family, etc.

VTS (Volunteer Transportation Services)
NEED INFO...NEED HELP...CALL 211
Housing, financial assistance, counseling, support groups, child resources, budgeting, and much more.

United Way of Gaston County 704-864-4554
200 E. Franklin Blvd. Gastonia, NC
Information & Referral Center

United Way of Lincoln County 704-732-8055
P.O. Box 234, Lincolnton, NC

United Way of Cleveland County 704-482-7344
132 W. Graham Street, Shelby, NC

HIV/Hepatitis C Resources

Gaston Hospice 704-861-8405
258 E. Garrison Blvd., Gastonia, NC
Hours: 8:30 am - 5 pm
AWARE-HIV & AIDS Management.

Gast County Health Dept. /Adult Health 704-853-5006
991 W. Hudson Blvd, Gastonia, NC
Hours: 8 am - 5 pm
HIV & AIDS / Sexually Transmitted Infections Testing

Gaston Family Health Services 704-862-5333
Erin Hultgren 704-862-5357
991 W. Hudson Blvd., Gastonia, NC
Hours: 8 am - 5 pm
HIV/AIDS Case Management Services

House of Mercy 704-825-3000
100 McAuley Circle, Belmont, NC
Hours: 9 am - 5 pm
Provides residential & medical care for persons with AIDS

Lincoln County Health Department 704-735-3001
151 Sigmon Road, Lincolnton, NC
Hours: 8 am - 5 pm
HIV & AIDS, Sexual Transmitted Infections Testing

ALFA (AIDS Leadership Foothills Area) 828-322-1447 ext. 223
1120 Fairgrove Church Road Suite #28, Hickory, NC
Hours: 9 am - 5 pm
Free HIV counseling, testing, and referrals for Lincoln County residents

Cleveland County Health Department 704-484-5100
Marsha Harris, Program Director 980-484-5274
315 E. Grover Street, Shelby, NC
Hours: 8 am - 5 pm
HIV & AIDS Case Management

Carolinias Care Partnership 704-531-2467
Shannon Warren, Program Director 704-531-2467 ext. 9581
5855 Executive Center Drive, Suite 101 Charlotte, NC
HIV/Prevention Interventions, HIV Counseling and Testing, Housing and Supportive Services

Alcohol Abuse/ Narcotics Resources

Julian F Keith Alcohol & Drug Abuse Treatment Center
201 Tabernacle Road., Black Mountain, NC 828-257-6200
Residential Treatment program, Referrals from mental health, Sliding Scale according to income

The Salvation Army Adult Rehabilitation Center
1023 Central Avenue, Charlotte, NC
Residential Housing for men with addictions

Charlotte Rescue Mission 704-333-4673
907 West 1st Street & 2855 West Blvd., Charlotte, NC
Provides drug and alcohol recovery program for men & women

Cornerstone Christian Center 704-867-8749
325 Dr. Martin Luther King Jr. Way, Gastonia, NC
Treatment program for Men with substance abuse issues

Flynn Christian Fellowship Home 704-865-9395
311 S. Marietta Street, Gastonia, NC (Men)
Serves as a half-way house after a client has completed a 28 day substance abuse program. Call for availability.

Pathways Substance Abuse Recovery Center
704-476-4131
124 S. Post Street, Shelby, NC
Gaston & Lincoln Counties

Phoenix Counseling & Crisis Center 704-842-6359
2505 Court Drive, Gastonia, NC

Progressive Recovery Resources 704-891-6404
1801 N. Tryon Street #325, Charlotte, NC
Owner Ameer Green
Gaston & Mecklenburg Counties

Safe Harbor Rescue Mission 828-855-9055
210 2nd Street SE, Hickory, NC
Residential Treatment Program for Women
Provides safety, shelter, and positive programming during daytime hours for homeless women and children

Veterans Administration Medical Center 704-638-9000
1601 Brenner Avenue, Salisbury, NC 800-469-8262
Outpatient Substance Abuse treatment

Crossroads Rescue Mission 704-484-8772
206 Mt. Sinai Church Road, Shelby, NC
Housing program for Men with substance abuse issues
Helping Agencies

Assistance for low income persons

Belmont Community Organization (BCO)  704-825-4526
91 E. Catawba Street, Belmont, NC
Hours: Monday - Friday 9 am - 1 pm
Assistance with food, clothing, medicine, rent, electric/gas bill, household items, fuel and shelter.

Bessemer City Crisis Center  704-629-2147
111 N. 12th Street, Bessemer City, NC
Hours: Mon: 11 am - 4 pm / Tues: 9 am - 4 pm / Wed: 9 am - 2 pm / Thurs: 9 am - 2 pm/ Fri: 9 am - 4 pm/Sat: 9 am - 2 pm
Assistance with clothing, utilities, medical bills, medicine, food, housing, rent, information/referrals

Cherryville Area Ministries  704-435-3816
212 N. Mountain Street, Cherryville, NC
Assistance: 8:30 am - 3:00 pm Monday, Tuesday & Thursday
Store Hours: Monday - Friday Hours: 8 am - 5 pm
Saturday Hours: 9:00 am - 1:00 pm
Assistance with clothing, food, financial assistance for rent, utilities, medicine and medical bills

Cramerton Ministerial Associates  704-756-1531
171 S. Main Street, Cramerton, NC
Hours: 9 am - 3 pm Call for Appointment
Assistance with utilities, medicine and gas - Cramerton Residents only
Food Pantry for anyone in need

Dallas/High Shoals Christian Ministry  704-922-1236
110 S. Gaston St., Dallas, NC
Hours: Closed Monday, Tuesday & Friday 9am - 12noon
Wednesday & Thursday: 1pm - 4 pm
Assistance with rent and utilities, resources (food and clothing), and spiritual help

Crisis Assistance Ministries (CAM)  704-867-8901
805-B W. Airline Ave., Gastonia, NC
Hours: 9 am - 1:15 pm Monday - Thursday (Closed Friday)
Assistance with food, rent, utilities, medicine.
First come first served
Line up starts @ 9 am for Gastonia residents only.

American Red Cross-Gaston County Chapter  704-864-2623
190 S. Oakland Street, Gastonia, NC
Hours: Monday-Friday 9am - 5 pm
Provides disaster relief including single family fire assistance
Help get emergency messages for military families

Greater Gaston Baptist Association  704-867-7257
1607 Rankin Lake Road, Gastonia, NC
Hours: Monday - Thursday 8 am - 4 pm
Assistance with clothing, food, utilities, medications, furniture, appliances, household items, school supplies

Heart Society of Gaston County  704-865-1214
1201 E. Garrison Blvd., Gastonia, NC
Assistance with heart medications for Gaston County residence

The Salvation Army  704-867-6145
107 S. Broad Street, Gastonia, NC
Hours (Intake): Monday - Sunday 1 pm - 4 pm
Assistance with food, clothing, rent, utilities and medicine

Christian Ministries of Lincoln County  704-732-0383
207 S. Poplar Street, Lincolnton, NC
Hours: Monday - Friday 9 am - 1 pm
Assistance with food, utilities, furniture, prescriptions

Community Relief Organization of Mt. Holly  704-827-0450
2120 Spring Street, Mt. Holly, NC
Hours: Monday 9 am - 12:30 pm/ Wed - Friday 9 am - 12:30 pm
Assistance with food, clothing, rent, heat, electric bills and medicine

Gaston Community Action, Inc.  704-861-2283
223 N. Morris Street, Gastonia, NC
Hours: Monday - Thursday 9 am - 5 pm/Wed - Friday 8:30 pm - 5 pm
Provides a variety of assistance programs

Cancer Services of Gaston County  704-864-1271
306 S. Columbia Street, Gastonia, NC
Hours: Monday - Thursday 9 am - 5 pm/Friday 9 am - 2 pm

Lowell Crisis Ministry  704-824-3383
1101 N. Main Street, Lowell, NC
Hours: Monday - Thursday 7:30 am - 4 pm

Stanley Emergency Relief Fund, Inc.  704-263-5649
528 S. Highway 27, Stanley, NC

Higher Ground Ministry-Ranlo Church of God  704-681-4896
1825 Spencer Mtn. Road, Ranlo, NC
Hours: First Saturday and Third Sunday of each month 1 pm - 3 pm
Assistance with groceries, clothes, shoes, toys, etc. Helps with job interviews and connection to community resources.
## Emergency Housing and Shelters

Temporary alternative to unsafe inhabitable living conditions until permanent housing is reached

<table>
<thead>
<tr>
<th>Organization</th>
<th>Address</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cleveland Co. Abuse Prevention Council</td>
<td>PO Box 2589, Shelby, NC</td>
<td>704-481-0043</td>
</tr>
<tr>
<td>Lighthouse Shelter - homeless women &amp; children.</td>
<td></td>
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<tr>
<td>Cleveland County Rescue Mission</td>
<td>110 Buffalo Street, Shelby, NC</td>
<td>704-481-1889</td>
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<tr>
<td>Shelter for homeless men</td>
<td></td>
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<tr>
<td>South Mountain Children &amp; Family Service</td>
<td>7330 Myrtle Drive, Nebo, NC</td>
<td>828-584-6127</td>
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<tr>
<td>Offers care for abused, neglected &amp; dependent children.</td>
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<tr>
<td>The Salvation Army</td>
<td>107 S. Broad Street, Gastonia, NC</td>
<td>704-867-6145</td>
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<tr>
<td>Hours: 24 hours a day/7 days a week</td>
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<tr>
<td>Cleveland County Rescue Mission</td>
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<td>301 N. Washington Street, Shelby, NC</td>
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<td>704-751-1262</td>
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<tr>
<td>Catherine's House, Inc.</td>
<td>PO Box 1633, Belmont, NC</td>
<td>704-825-9599</td>
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<tr>
<td>With Friends Youth Shelter</td>
<td>2098 Keith Drive, Gastonia, NC</td>
<td>704-691-7116</td>
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<tr>
<td>Hours: 8 am - 5:30 pm</td>
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<tr>
<td>Discovery Home Care</td>
<td>2429 Lynn Drive, Gastonia, NC</td>
<td>704-854-9351</td>
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<td>Open 24 hours a day/7 days a week</td>
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<tr>
<td>Amy's House</td>
<td>Lincolnton, NC</td>
<td>704-736-1224</td>
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<tr>
<td>Hours: 24 hours a day/7 days a week</td>
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<tr>
<td>Hesed House of Hope</td>
<td>100 Ann Gaither Court, Lincolnton, NC</td>
<td>704-732-0175</td>
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<tr>
<td>Intake Hours: 6:00 pm - 6:30 pm 7 days week Dec. 2 - April only</td>
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<tr>
<td>Relatives Crisis Youth Shelter</td>
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<td>704-377-0602</td>
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<tr>
<td>1100 East Blvd # 460, Charlotte, NC</td>
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<td>Ages 7 - 17 years old, 14 day stay</td>
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<tr>
<td>Men's Shelter of Charlotte</td>
<td>1210 N. Tryon Street, Charlotte, NC</td>
<td>704-334-3187</td>
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<tr>
<td>3410 Statesville Avenue, Charlotte, NC</td>
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<tr>
<td>The Salvation Army Center of Hope for Women &amp; Children</td>
<td>534 Spratt Street, Charlotte, NC</td>
<td>704-348-2560</td>
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<tr>
<td>Homeless Shelter for women &amp; children</td>
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<tr>
<td>Cleveland County Rescue Mission</td>
<td>301 N. Washington Street, Shelby, NC</td>
<td>704-751-1262</td>
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<tr>
<td>Phoenix Community Outreach Center</td>
<td>809 W. Airline Avenue, Gastonia, NC</td>
<td>855-527-4747</td>
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<tr>
<td>Homeless assistance and prevention</td>
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<tr>
<td>Center of Hope Emergency Shelter</td>
<td>107 South Broad Street, Gastonia, NC</td>
<td>704-867-6145</td>
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</tbody>
</table>

## Transitional Housing

Temporary Housing with services to help persons & families reach permanent housing

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<thead>
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<th>Organization</th>
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<tbody>
<tr>
<td>Catherine's House, Inc.</td>
<td>PO Box 1633, Belmont, NC</td>
<td>704-825-9599</td>
</tr>
<tr>
<td>Hours: 24 hours a day/7 days a week</td>
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</tr>
<tr>
<td>Family Promise</td>
<td>PO Box 67, Gastonia, NC</td>
<td>704-854-9880</td>
</tr>
<tr>
<td>Oxford House</td>
<td>315 3rd Street, Gastonia, NC</td>
<td>704-671-4376</td>
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<tr>
<td>Hours: 24 hours a day/7 days a week</td>
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<tr>
<td>Off The Streets Program, Inc.</td>
<td>PO Box 322, Lowell, NC</td>
<td>704-214-3331</td>
</tr>
<tr>
<td>Hours: 24 hours a day/7 days a week</td>
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<tr>
<td>Gastonia's Potters House</td>
<td>PO Box 322, Lowell, NC</td>
<td>704-824-3698</td>
</tr>
<tr>
<td>Hours: 24 hours a day/7 days a week</td>
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<tr>
<td>Center of Hope Emergency Shelter</td>
<td>107 South Broad Street, Gastonia, NC</td>
<td>704-867-6145</td>
</tr>
</tbody>
</table>
Free Government Cell Phones

Safelink Wireless Free Cell Phones
9700 N.W. 112th Avenue, Miami, FL
www.safelinkwireless.com
The original and largest provider can give you a phone and 250 minutes and 1,000 texts each month.

Access Wireless
www.accesswireless.com
Get a free cell phone, 250 minutes and UNLIMITED texts per month.

Assurance Wireless
P.O. Box 686, Parsippany, NJ
www.assurancewireless.com
Free phone, 350 minutes and UNLIMITED texts per month.

Do you qualify?
- Supplemental Nutrition Assistance Program (Food Stamps or SNAP)
- Medicaid
- National School Lunch Program’s Free Lunch Program
- Federal Public Housing Assistance (Section 8)
- Supplemental Security Income (SSI)
- Low-Income Home Energy Assistance Program (LIHEAP)
- Temporary Assistance to Needy Families (TANF)
- Head Start (if income eligibility criteria are met)
- Bureau of Indian Affairs General Assistance
- Food Distribution Program on Indian Reservations (FDPIR)
- Tribally-Administered Temporary Assistance for Needy Families (TTANF)
- State Assistance Programs (check your state)

If you don’t receive any of these public assistance benefits, you may also qualify if your total household gross monthly income is low enough.
Medical and Dental
Services & Med Pay Assistance for persons with limited income

CaroMont Regional Medical Center
(formerly Gaston Memorial Hospital)
2525 Court Drive, Gastonia, NC 704-834-2000
Carolina Medical Center - Lincoln
433 McAllister Road, Lincolnton, NC 980-212-2000
Broughton Hospital
1000 S. Sterling Street, Morganton, NC 828-433-2111
Inpatient facility for those in need of psychiatric or long term care

Carolinas Healthcare System-Cleveland
201 E. Grover Street, Shelby, NC 980-487-3000

Carolinas Healthcare System-KM
706 W. King Street, Kings Mtn., NC 980-487-5000
Emergency services, Medical Care, inpatient psychiatric services

Community Foundation of Gaston Co.
1201 E. Garrison Blvd., Gastonia, NC 704-864-0927
Medical assistance for children under 18

Lincoln County Health Dept.
151 Sigmoid Road, Lincolnton, NC 704-735-3011

GFHS Dental Clinic 704-853-5191
991 W. Hudson Blvd., Gastonia, NC
Hours: Monday-Thursday 8 am - 7 pm, Friday 8 am - 5 pm
Children appointments are made between Monday - Friday 8 am-5 pm
No insurance necessary. Adult & child dental services. Adults must call 1st day of month for an appointment. Medicaid accepted.

Dental Clinic of Cleveland County 704-484-5260
200 S. Post Road, Shelby, NC
Hours: Monday - Friday 8 am - 5 pm
Appointments are made on the 2nd & 4th Wednesday
Adults & children - billed on a sliding fee scale, Medicaid or dental insurance.

GFHS Pediatric Dentistry 704-874-0377
890 Summit Crossing Place, Gastonia, NC
Hours: Monday - Thursday 7 am - 6 pm, Friday 8 am - 5 pm
Accepts ages 0 to 18 years.

Gaston County Health Department 704-853-5000
991 W. Hudson Blvd, Gastonia, NC
- Women's Health & Maternity 704-853-5009
- Summit Midwifery 704-853-5464
- Breast and Cervical Cancer Control Program 704-853-1550
- Family Planning 704-853-5009
- Fathers Forever 704-853-5257
- General Clinic/Immunization Program 704-853-5003
- Communicable Disease 704-853-5002
- Tuberculosis Control 704-853-5007
- Adult Health Clinic/HIV/STD Clinic 704-853-5006
- Pharmacy 704-853-5011

Cleveland County Health Dept. 980-484-5100
200 S. Post Road, Shelby, NC

The Salvation Army Center of Hope
Free Medical Clinic
534 Spratt Street, Charlotte, NC
Free medical care for homeless shelter residents

Bessemer City Health Care Center 704-629-3465
119 W. Pennsylvania Avenue, Bessemer City, NC
Hours: Monday - Friday 8 am - 5 pm
Primary family health care

Gaston Family Health Services 704-853-5079
991 W. Hudson Blvd., Gastonia, NC
Hours: Monday - Thursday 8 am - 9 pm; Friday 8 am - 5 pm
No insurance necessary for medical and psychiatric treatment. Medicaid accepted. Medication assistance program available.

Gaston Family Medical Center 704-874-3300
111 East 3rd Avenue, Gastonia, NC
Hours: Monday - Thursday 8 am - 7 pm; Friday 8 am - 5 pm

Highland Health Center 704-833-1550
609 North Highland Street, Gastonia, NC
Hours: Monday - Friday 8 am - 5 pm

Helping Hands Health Center 704-735-7145
206 Gamble Drive, Suite C, Lincolnton, NC
Hours: Monday - Friday 8 am - 5 pm
### Hospice/Palliative:

<table>
<thead>
<tr>
<th>Name</th>
<th>Phone</th>
<th>Address</th>
<th>County Service</th>
</tr>
</thead>
<tbody>
<tr>
<td>Gaston Hospice</td>
<td>704-861-8405</td>
<td>258 E. Garrison Blvd., Gastonia, NC</td>
<td>Inpatient Hospice Robin Johnson House, Gastonia, NC</td>
</tr>
<tr>
<td>Inpatient Hospice Robin Johnson House</td>
<td>704-922-4211</td>
<td>5005 Shepherds Way Drive, Gastonia, NC</td>
<td></td>
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<tr>
<td>Presbyterian Hospice &amp; Palliative Care</td>
<td>704-384-6478</td>
<td>324 N. McDowell Street, Charlotte, NC</td>
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<tr>
<td>Provides palliative care consults in the home, assisted living and skilled nursing settings. Serves Mecklenburg, Gaston, Cabarrus and Union Counties.</td>
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<tr>
<td>Presbyterian Hospice &amp; Palliative Care Lincoln County</td>
<td>704-375-0100</td>
<td>107 N. Cedar Street, Lincolnton, NC</td>
<td></td>
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<tr>
<td>Hospice &amp; Palliative Care Cleveland</td>
<td>704-487-4678</td>
<td>951 Wendover Heights Drive, Shelby, NC</td>
<td>Serving Lincolnton, Gastonia and Cherryville</td>
</tr>
<tr>
<td>Hospice &amp; Palliative Care of Catawba Valley, Inc.</td>
<td>828-466-0466</td>
<td>3967 Robinson Road, Newton, NC</td>
<td>Serving Lincoln &amp; Gaston Counties</td>
</tr>
</tbody>
</table>

### Support Groups:

<table>
<thead>
<tr>
<th>Name</th>
<th>Phone</th>
<th>Address</th>
<th>County Service</th>
</tr>
</thead>
<tbody>
<tr>
<td>Man to Man Prostate Cancer Group</td>
<td>704-834-3551</td>
<td>CaroMont Cancer Center Gaston Memorial Hospital</td>
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<tr>
<td>Provides support and information on prostate cancer to men and their spouses</td>
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<tr>
<td>Look Good...Feel Better Seminar</td>
<td>704-834-3551</td>
<td>CaroMont Cancer Center Gaston Memorial Hospital</td>
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<tr>
<td>Offering cosmetic advice for women experiencing side effects of chemotherapy or radiation treatments.</td>
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<tr>
<td>The Compassionate Friends</td>
<td>704-865-7229</td>
<td>First Presbyterian Church, 1621 E. Garrison Blvd., Gastonia, NC</td>
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<tr>
<td>NC Monthly support group for people who have lost a child</td>
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<tr>
<td>Alzheimer's Support Group</td>
<td>704-922-4211</td>
<td>Gaston Hospice Office, 258 E. Garrison Blvd., Water Tower Place Gastonia, NC</td>
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<tr>
<td>Monthly support group for people who are caring for a loved one with Alzheimer's disease or other forms of dementia.</td>
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<tr>
<td>Reach to Recovery</td>
<td>704-834-3551</td>
<td>CaroMont Cancer Center Gaston Memorial Hospital</td>
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<tr>
<td>Trained volunteer breast cancer survivors provide emotional support and resources to women newly diagnosed with breast cancer.</td>
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<tr>
<td>P.O.W.E.R.(Program for Oncology Wellness Education and Rehabilitation)</td>
<td>704-671-7930</td>
<td>CaroMont Cancer Center Gaston Memorial Hospital</td>
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<tr>
<td>Cardiac Health</td>
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<td>Each cancer patient receives a rehabilitation program to improve functioning and promote physical and emotional well-being during the four week program, free for all cancer patients treated through Gaston Memorial Hospital and the affiliated physicians.</td>
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<tr>
<td>Family Support Network of the Foothills</td>
<td>704-480-5620</td>
<td>312 W. Marion Street, Shelby, NC</td>
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<tr>
<td>Covers Cleveland, Gaston, Lincoln, Polk and Rutherford counties</td>
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<tr>
<td>This program offers support for families and children with special needs by providing one-on-one parent match with a trained support parent for emotional support, assistance in finding community resources and sharing parenting experiences.</td>
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<tr>
<td>Kids Path</td>
<td>704-375-0100</td>
<td>1420 E. Seventh Street, Charlotte, NC</td>
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<tr>
<td>Chameleon’s Journey, for children and teens Hospice &amp; Palliative Care Charlotte region</td>
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<tr>
<td>Program for infants to 18 years of age, provides home health care, hospice care, or supportive care for seriously ill children and teens and their families. Supportive services include individual or group support and a grief camp.</td>
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<tr>
<td>Lupus Support Group</td>
<td>704-494-2237</td>
<td>Northlake Mall</td>
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<tr>
<td>Fact, Fiction and Hope Support Group for patients with Lupus and their families LiveWELL Carolinas!</td>
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<tr>
<td>Diabetes Management</td>
<td>980-212-6037</td>
<td>Carolinas Medical Center Lincoln</td>
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<tr>
<td>Carolinas Medical Center Lincoln</td>
<td></td>
<td>433 McAllister Road, Lincolnton, NC</td>
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<tr>
<td>Lincoln Cancer Support Group Gaston College</td>
<td>704-735-8668</td>
<td>Lincoln Cancer Support Group Gaston College Lincolnton Campus</td>
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<tr>
<td>South Aspen Street, Lincolnton, NC</td>
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<td>Classes and education support sessions</td>
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Education & Job Training

Gaston Literacy Council, Inc. 704-868-4815
116 S. Marietta Street, Gastonia, NC
Hours: Monday - Thursday 9 am - 6 pm
Friday 9 am - 1 pm
GED Prep, Citizenship, English as a 2nd language, Reading skills, Career Readiness Certification (CRC), adult basic education

Employment Security Commission 704-853-5328
Gaston County
1391 Bessemer City Road, Gastonia, NC
Hours: Monday - Thursday 8:30 am - 4:30 pm
Friday 8 am - 1 pm
Assistance in employment, testing, counseling & training

Employment Security Commission 704-735-8035
Lincoln County
529 N. Aspen Street, Lincolnton, NC
Hours: Monday - Friday 8 am - 4:30 pm
Assistance in recruitment, employment, testing, counseling and training.

Employment Security Commission 704-480-5414
Cleveland County
404 E. Marion Street, Shelby, NC
Hours: Monday - Friday 8:30 am - 5 pm
Assistance in employment, testing, counseling and training.

Goodwill Job Connection 704-916-1610
412 S. Broad Street, Gastonia, NC
Hours: Monday - Friday 8 am - 4:30 pm
Job training and employment services, job search, computer classes, resume preparation.

Goodwill Job Connection – Lincolnton 704-732-6844
510 Vaughn Way, Lincolnton, NC
Hours: Monday - Friday 8 am - 4:30 pm

Cleveland Community College 704-669-6000
137 S. Post Road, Shelby, NC
• Adult Literacy
• Adult High School & GED Prep
• English as a Second Language (ESL)

Job Connection-Employment Assistance 704-916-1610
116 Armstrong Street, Gastonia, NC
Hours: Monday - Friday 8 am - 4:30 pm

NC Works Career Center-Lincolnton 704-735-8035
529 N. Aspen Street, Lincolnton, NC
Hours: Monday - Friday 8 am - 4:30 pm

Cleveland NC Works 704-669-4729
LeGrande Conference Center
1800 E. Marion Street, Suite 6103, Shelby, NC
Hours: Monday - Friday 8 am - 4 pm
Assists in obtaining necessary skills to land a job in Cleveland County.

Gaston Youth Works-
Gaston Workforce Development Programs 704-862-7525
330 Dr. Martin Luther King Jr. Way, Gastonia, NC

Gastong Workforce-Development Board 704-862-7891
330 Dr. Martin Luther King Jr. Way, Gastonia, NC

Gaston County Work First 704-862-6624
330 Dr. Martin Luther King Jr. Way, Gastonia, NC
Provides financial assistance for income-eligible families (which must include a legal caretaker of a child under the age of 19) for up to 24 months while the adults in the household are engaged in approved work activities or search for employment.

Gaston Community Action 704-861-2283
223 N. Morris Street, Gastonia, NC
Hours: Monday - Friday 8:30 am - 5 pm
Assists low-income residents of Gaston, Lincoln, Cleveland and Stanly Counties with employment.

Gaston College/Eligibility for Disability Support Services
Supporting Your Needs

Gaston College provides education and support in compliance with the Rehabilitation Act of 1973 and the Americans with Disabilities Act of 1990. If you have a documented disability and would like to discuss how you may be eligible to receive special accommodations while attending Gaston College, please call the Special Needs Counselor at 704-922-6224 or 704-922-6220.

A disability is an impairment that substantially limits one or more major life activities. We will provide reasonable accommodations to students who have a disability or disabilities including but not limited to:

• Visual Impairment
• Hearing Impairment
• Mobility/Manual Impairment
• Health Impairment
• Mental Health Impairment
• Cognitive or Learning Disorders
Social Services

Gaston County Dept. of Health & Human Services
330 Dr. Martin Luther King Jr. Way, Gastonia, NC
Hours: 8:30 am - 5 pm
- Main Phone Number 704-862-7500
- Medicaid 704-862-7500 Option 2
  • Family & children under 18
  • Adults with no children
- Food Stamps 704-862-7500 Option 1
- Work First 704-862-7500 Option 3
- Child Care Division (Vouchers) 704-862-7500 Option 3
- Adult Protective Service 704-862-7575
- Child Protective Service 704-862-7555

Cleveland County Social Services 704-487-0661
130 S. Post Road, Shelby, NC
Hours: 8:30 am - 5 pm
- Cleveland County Social Services 704-732-0738
1136 E. Main Street P.O. Box 130, Lincolnton, NC
Hours: 8:30 am - 5 pm

Social Security Administration

Social Security Administration-Gaston and Lincoln Counties 866-331-2193
609 Cotton Blossom Circle, Gastonia, NC

Social Security Administration-Cleveland County 877-405-3576
707 Schenck Street, Shelby, NC

Social Security National Hotline 800-772-1213

You can apply online, phone or in person.

www.ssa.gov
Veteran Services

Veterans Services of Gaston Co.  704-866-3606
965 Roberts Drive, Gastonia, NC
Hours: 8:30 am - 11:30 am Walk-ins
12:30 pm - 4:30 pm Appointments only
veteranservices@gastongov.com
Assist Veterans signing up for services

NC Division of Veteran Affairs  252-355-9052
Tri-County Blinded Veterans Association
519 W. Franklin Blvd., Gastonia, NC  704-862-7622
Meets on the 4th Tuesday of the month every 3 months at 10 am at Gastonia Adult Recreation Center

Employment Security Commission-NC Works  704-853-5328
1391 Bessemer City Road, Gastonia, NC
Hours: Monday - Thursday 8:30 am - 4:30 pm,
Friday 8 am - 1 pm
Veteran Service, job placement

United Veterans of America  704-868-4674
4025 W. Franklin Blvd., Gastonia, NC
Hours: 12 pm - 8 pm

Disabled American Veterans & 704-678-2099
Meeting Place: 709 Cason Street, Belmont, NC
Mailing Address: P.O. Box 551413, Gastonia, NC
Meets once a month, on the 3rd Thursday at 5 pm (no meeting in July & Dec)

Veteran Services of Lincoln County  704-736-8506
206 Gamble Drive, Lincolnton, NC
Cleveland County Veteran Services  704-484-4803
311 E. Marion Street, Shelby, NC
National Military Personnel Records Center
9700 Page Avenue, St. Louis, MO  314-801-0800
Department of Veterans Affairs  800-827-1000
Vet Center  704-549-8025
2114 Ben Craig Drive, Suite 300, Charlotte, NC

VA Medical Centers
- Asheville, NC  800-932-6408 or 828-298-7911
- Durham, NC  888-878-6890 or 919-286-0411
- Fayetteville, NC  800-771-6106 or 910-488-2120
- Salisbury, NC  800-469-8262 or 704-638-9000

VA Outpatient Clinics
- Charlotte, NC  704-597-3500
- Hickory, NC  828-431-5600

Military Women “Voices of Victory”  704-806-7963
Meets 4th Monday every month 5:30 pm - 7:30 pm at the Red Cross