

Appendix I. Provider resources

Substance Abuse and Mental Health Services Administration

This is the website of the Substance Abuse and Mental Health Services Administration (SAMHSA). SAMSHA is a federal agency dedicated to developing effective programs for individuals and families struggling with mental health or substance use issues. Its website has thorough, reliable information on alcohol and drugs and free publications available for ordering or download. To download or order publications from the SAMHSA website, click [here](#).

Relevant publications include the following Treatment Improvement Protocols (TIPs):

- *TIP 35: Enhancing Motivation for Change in Substance Abuse Treatment*
Offers guidelines to help clinicians influence the change process in their clients by incorporating motivational interventions into substance abuse treatment programs. Describes different motivational interventions that can be used at all stages of change.
- *TIP 40: Clinical Guidelines for the Use of Buprenorphine in the Treatment of Opioid Addiction*
Practice guidelines help physicians make decisions about using buprenorphine to treat opioid addiction. Includes information on patient assessment; protocols for opioid withdrawal; and the treatment of pregnant women, teens, and polysubstance users.
- *TIP 43: Medication-Assisted Treatment for Opioid Addiction in Opioid Treatment Programs*
Gives a detailed description of medication-assisted treatment for addiction to opioids, including comprehensive maintenance treatment, detoxification, and medically supervised withdrawal. Discusses screening, assessment, and administrative and ethical issues.

NIH: National Institute on Drug Abuse

Website of the National Institute on Drug Abuse (NIDA). NIDA is part of the National Institutes of Health and focuses entirely on the use of alcohol, drugs and other substances. It also has great information and publications to share. This website contains information about drugs of abuse. Under each of these is a webpage with specific information about these drugs, and some, such as marijuana and heroin, include specific information about the potential adverse effects of using the substance during pregnancy.

American Society of Addiction Medicine

This is the website of the American Society of Addiction Medicine; it has information of particular interest to physicians, including on the topic of Medication-Assisted Treatment (MAT).

ACOG Committee Opinions

The following list of relevant ACOG Committee Opinions may be helpful as additional resources on each of these specific topics.

- [Committee Opinion No. 538: Non Medical Use of Prescription Drugs; October 2012, Reaffirmed 2014](#)
- [Committee Opinion No. 524: Opioid Abuse, Dependence and Addiction in Pregnancy; May 2012, Reaffirmed 2014](#)
- [Committee Opinion No. 496: At-Risk Drinking and Alcohol Dependence: Obstetric and Gynecologic Implications; August 2011, Reaffirmed 2013](#)
- [Committee Opinion No. 473: Substance Abuse Reporting and Pregnancy: The Role of the Obstetrician-Gynecologist; January 2011, Reaffirmed 2014](#)
- [Committee Opinion No. 422: At-Risk Drinking and Illicit Drug Use: Ethical Issues in Obstetric and Gynecologic Practice, December 2008](#)

[North Carolina Pregnancy and Opioid Exposure Project](http://ncpoep.org/)

<http://ncpoep.org/>

This is a new website on pregnancy and opioid exposure, sponsored by the NCDHHS. This website provides the new NC guidance on pregnancy and opioid exposure as well as other relevant informational materials. This website includes brief video vignettes about the NC Perinatal Substance Use program and a demonstration of a brief intervention with a pregnant woman about substance use in pregnancy.

[Alcohol Drug Council of North Carolina: Women's Services](#)

This is the webpage for the Women's Services section of the Alcohol/ Drug Council of North Carolina website, a statewide organization which can assist patients in finding a residential or outpatient treatment program. For information and help, call the NC Perinatal Substance Use Specialist, Judith Johnson-Hostler, at (800) 688-4232 or email jjones@alcoholdrughelp.org.

[NC Healthy Start: Perinatal Substance Use Project](#)

Information about referrals to treatment and updated bed availability at NC facilities is linked on this site. There is also information on how to access training and technical assistance, as well as publications for professionals available through this website.

[North Carolina Coalition Against Domestic Violence](#)

This is the website of the North Carolina Coalition Against Domestic Violence. Women who are involved with a controlling and/or abusive partner and may need assistance with information, shelter, and legal issues. This is our state program which has great information and connections to all our local programs. A list of NC Domestic Violence Service Providers statewide and by county is available under the "Get Help" tab. The NC Domestic Violence Hotline is 1-800-799-SAFE (7233).

[Health Cares About Intimate Partner Violence](#)

This website has resources for health care settings and includes links to technical assistance from the National Health Resource Center on Domestic Violence. There is a Screening and Counseling Toolkit for providers under "How To Screen". Under "Specific Setting - Reproductive Health", there is a list of resources, including [ACOG Committee Opinion No. 518 February 2012 on Intimate Partner Violence](#).

[UNC Horizons](#)

This is the website of UNC Horizons, one of the residential programs in North Carolina which serves pregnant and parenting women and their children. This website includes information about the services offered, FAQs, and success stories.