

Appendix C. Provider Resources: Management of Hypertensive Disorders of Pregnancy

[ACOG Task Force on Hypertension in Pregnancy](#)

[This publication](#) reviews the evidence and recommendations for the management of gestational hypertension, preeclampsia and HELLP.

- Page 32 antenatal surveillance in preeclampsia and HELLP Syndrome
- Page 48 outlines evaluation and management of women at risk for preeclampsia recurrence
- Page 60 reviews recommendations for fetal surveillance for women with chronic hypertension

[ACOG: Committee Opinion on Emergent Therapy for Acute-Onset, Severe Hypertension During Pregnancy and the Postpartum Period](#)

[This Committee Opinion](#) includes recommended order sets for the pharmacologic management of severe hypertension during pregnancy.

[California Maternal Quality Care Collaborative \(CMQCC\)](#)

CMQCC published a [Preeclampsia Toolkit](#) that is available free of charge after registering with the site. Notable tools include the guide to [Accurate Blood Pressure Measurement](#) which reviews the techniques for measuring blood pressure as well as the appropriate cuff sizes by arm circumference and considerations for patients whose arm circumference exceed available cuff sizes.

[NIH U.S. National Library of Medicine Medline Plus: High Blood Pressure in Pregnancy](#)

This site includes a summary of high blood pressure in pregnancy with sections including current news relevant to high blood pressure in pregnancy and links to pertinent clinical trial sites. The site provides patient education materials in English and Spanish including:

- [Preeclampsia \(Spanish\)](#): Includes [images](#) accompanying key terms for blood pressure, edema and weight gain to aid in counseling patients. A 30 second animation, available in [English](#) and [Spanish](#), explains the link between preeclampsia and the placenta.

[Perinatology.com – UPC Ratio Calculator](#)

This site includes multiple clinical calculators, including a [Urine Protein to Creatinine Ratio \(UPCR\) calculator](#) to aid in management of proteinuria.

[Safe Motherhood Initiative: Severe Hypertension in Pregnancy Bundle](#)

ACOG District II Safe Motherhood Initiative published a slide set and treatment algorithms for labetalol, hydralazine and nifedipine use in severe hypertension. The treatment algorithms and following sample checklists are available free of charge online:

- Hypertensive Emergency Checklist
- Eclampsia Checklist
- Emergency Department Postpartum Preeclampsia Checklist

[UNC Center for Maternal and Infant Health](#)

The University of North Carolina School of Medicine at Chapel Hill publishes obstetrics treatment [algorithms](#). Several pertain to management of hypertensive disorders in pregnancy, including

- [New Onset Hypertension Postpartum](#): includes table of antihypertensive medications, dosing, side effects and considerations for lactation
- [Thromboembolic Disease in Pregnancy](#): includes anticoagulation regimens for conditions at increased risk of hypertension during pregnancy.

